

# Your Obagi-C Rx System Protocol for Use - Normal to Dry Skin



## AM Morning routine – order of application

C-CLEANSING GEL

Apply a nickel-sized amount to wet skin, massage into entire face and rinse thoroughly.

C-CLARIFYING SERUM

Apply evenly to face and massage gently into skin, avoiding eye area because stinging can occur.

C-EXFOLIATING DAY LOTION  
or  
C-EXFOLIATING DAY LOTION  
WITH SPF 12

Apply evenly to face, avoiding eye area because stinging can occur.

C-SUNGUARD SPF 30

Apply evenly to face, repeat after 2 hours if in direct sunlight.

## PM Evening routine – order of application

C-CLEANSING GEL

Apply a nickel-sized amount to wet skin, massage into entire face and rinse thoroughly.

C-THERAPY NIGHT CREAM

Apply evenly to face, avoiding eye area because stinging can occur.